

# Packing List

## 1-Day Grand Canyon Rafting Adventure



### PACKING OVERVIEW

Even though this is a day trip, it is still an expedition through a very remote area and a place of extremes. You'll be out in the elements of Arizona for a full day. Here's what you need to know:

#### THE WATER IS COLD!

The Colorado River water is around 50°F - 55°F all year round. This is a whitewater rafting trip, so you will get wet! No matter what time of year you are rafting we highly recommend you bring rain gear, which will protect you from rain, wind, and the splash of the rapids.

**TIP:** You'll hit the first rapids at the beginning of your trip so suit up in your gear before you get on the raft to stay dry. Rain gear is lightweight and can easily be packed away when you're through the rapids.

#### WEATHER

We recommend checking the weather for Kingman, Arizona the day of your rafting trip, but keep in mind that temperatures on the river are on average 10-20 degrees higher than temperatures on the rim.

#### KEEP THINGS DRY

At the launch site, you will be given a personal bag, which will be placed in your raft's large, water-proof bag. This will only be accessible when the raft is stopped.

Even though this group drybag is waterproof, we strongly encourage you to invest in a personal water-proof bag to protect any electronic devices, especially if you wish to have those with you while you're rafting.

#### ARIZONA SUN

Protect yourself from the intense desert sun. Wear a longsleeved shirt and a wide-brimmed hat to prevent sunburn on your upper body. Sunscreen, lip balm, and sunglasses are necessary. Lightweight long pants may also be appropriate to protect your legs.

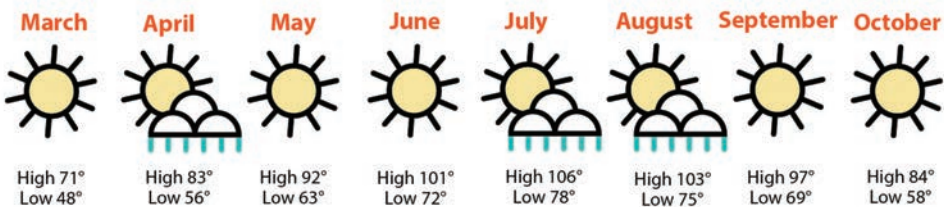
#### LAYER UP

Start with a swimsuit and/or swim trunks under a base layer. Additional layers for sun protection or insulation can be added and subtracted depending on the weather, temperature, and how wet you're getting in the rapids.



#### FORGET YOUR FLIP FLOPS

You will be hiking and your feet are going to get wet while rafting. Wear a shoe that drains water, dries easily, protects your toes, and will not come off in swirling current. Sport sandals like Tevas or Keens with a heel strap are a good option. A retired pair of athletic shoes can work, but are often slower to dry.



INNER CANYON TEMPERATURES DURING RAFTING SEASON

# Packing List

Our suggested packing list is meant to prepare you for all types of weather and the strong Arizona sun. We know that the difference between an enjoyable experience and a miserable one can often come down to what you bring.



Visit our website to see our favorite gear and adventure essentials.

## Rivers & Oceans' Recommended Gear

Please note this gear is for all river trips and is not specific to the 1 day trip

## THE ESSENTIALS

- Day pack big enough to carry your rain gear, camera, sunscreen, etc.
- Rain gear - waterproof jacket and pants
- 1-liter water bottle or hydration pack
- Polarized sunglasses with securing strap
- Sunscreen and lip protection (waterproof and SPF 30 or higher - aerosol sprays are not recommended)
- Hat that can provide sun protection with chin strap
- Snacks for the bus ride back in the afternoon
- Cash for gratuities

## OPTIONAL ITEMS

- High quality waterproof case and/or dry-bag for cell phone or other electronics
- Sarong (useful for sun protection/ changing clothes)
- Binoculars
- Bandana
- Change of comfortable clothes stored in a Ziplock bag for the van ride back to Peach Springs



# Rivers & Oceans

Office Hours: Monday-Friday 9 a.m. - 4 p.m. MST

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After Hours Phone: 888.868.9378\*

\*This number should be used if you need to reach the Hualapai River Runners after business hours if you are running late for your trip, or for additional information regarding a trip that has been placed on stand-by or has been canceled.